

Newsletter

HELP NEPAL NETWORK NEWSLETTER

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3

**COVID-19 Campaign in
collaboration with Na-
tional Innovation Center**

4

Pedal For Education

5

**COVID-19 Relief Pack-
age and Awareness
Program 2021**

8

**Disaster Relief Program
2021**

EDITOR'S NOTE

Dear All,

It is with great pleasure that we present you the latest edition of HELP NEPAL Network Bulletin.

It gives us an opportunity to inform you about the activities being carried out by HELP NEPALNetwork (HeNN) in Nepal and remind us how your continued support and encouragement has helped bring about changes in various ways.

This newsletter brings you information regarding our completed and on-going projects along with updates on our long-term projects.

We look forward to your valuable comments and suggestions as always.

You may write to us at help_nepal@helpnepal.net. Thank you all once again.

With best regards,
Editorial team
HELP NEPAL Network
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ONGOING PROJECTS

HEALTH

COVID-19 Campaign in collaboration with National Innovation Center



In response to COVID-19, HELP NEPAL Network initiated an online fundraising campaign to support Nepalese to help them fight against the pandemic. HeNN is co-operating with the National Innovation Center (NIC) led by Mr Mahabir Pun by conducting online fundraising campaigns. In order to achieve this goal, HeNN actively collaborated with its other international chapters in Australia, US, UK and Sweden. The chapters are actively running the fundraising campaign.

The targeted fund for the campaign is approx NRs. three million out of which NRs. 500,000 was collected by HeNN Australia and NRs. 2,75,294 from HeNN Sweden. HeNN UK contributed 1,000 Pounds. As per the agreement, HeNN provided a financial support of NRs. 500,000 to

NIC to procure the PPEs.

The campaign aims to raise funds to tackle the ongoing and challenging situation of COVID-19. For this purpose, HeNN has already started to donate funds to the National Innovation Center (NIC). The targeted funds raised through the campaign will be handed over to the NIC which will facilitate hospitals with oxygen and PPEs. The MOU for the project has already been signed and the first installment has been provided. The project is currently in progress.



EDUCATION

Reconstruction of Rajkuleshwor Lower Secondary School



HELP NEPAL Network has been coordinating and supporting the reconstruction of the Rajkuleshwor Lower Secondary School diligently. Despite technical and socio-political hurdles, HeNN's effort towards the reconstruction of this school is advancing rapidly.

Rajhity Society, Dolakha is leading the reconstruction of Rajkuleshwor Lower Secondary School (LSS) in Bhimeswor Municipality -02, Dolakha with the financial support from Help Nepal Network, Kathmandu. As per the approved design, the school will be constructed blending the local architecture and modern technologies, making it compatible with the local traditions and culture. Since major structural works are almost completed, so far, the school reconstruction work achieved

around 90% physical progress as estimated by the civil engineer.

This school construction is a holistic reconstruction approach, meaning hereby that the package includes school buildings with water, sanitation and hygiene (WASH) facilities, library facilities, playgrounds, compounding or fencing, and necessary furniture. This is expected to meet most of the infrastructural, material and physical needs of the school, and will enhance the teaching and learning environment. This will ultimately contribute towards ensuring children's fundamental right to basic education.

The reconstruction of the school formally inaugurated on 15/11/2073 by laying foundation stone by the honorable ex-tourism and aviation Minister Mr. Ananda Prasad Pokhrel.

Subsequently, the actual work began from Shrawan, 2074.

As of now, all the major structural works are nearly complete except for tile work, door and window installation, painting, electrification, and furnishing. An overall of 85% work has been completed so far.

Nevertheless, the school reconstruction does face major challenges. The current COVID-19 pandemic, a shortage of construction materials and technical human resources, and poor road conditions for the transportation of materials are significant obstacles that have decelerated the progress of the school reconstruction. With that being said, regular visits and support from HELP NEPAL Network has not only been crucial to check the quality of the school but also motivation for the entire team to skyrocket this project forwards.



COMPLETED PROJECTS

EDUCATION

Pedal For Education

Background

On 29th February, 2020, an ambitious fundraising Nep-athya concert was successfully organized by HELP NEPAL Network (HeNN) at Bhrikuti-mandap Garden, Kathmandu. The main purpose of the concert was to raise funds to support the reconstruction of the Rajkuleshwor Lower Secondary School which was completely destroyed by the devastating earthquake on 25th April, 2015. It is still under construction and HeNN is committed to completing one of our signature projects. Upon its completion, the school will provide an excellent teaching/learning environment to around 300 students with seismic resistance infrastructure combined with traditional Nepali architecture. To build up on the success of last year's musical event, this year HeNN-Nepal planned a cycling event under the banner 'Pedal For Education'. The beneficiaries of this event are not only the aforementioned school but also Shree

Bahadur Khadak Memorial Library in Dadeldhura. During Nepal's civil war, rebels had burnt down the public library and destroyed all books. Consequently, the residents were deprived of access to reading materials to enhance their knowledge. The construction of this library will ensure that residents of Dadeldhura will have a place to acquire knowledge and information about what's happening around the world.

About Pedal For Education:

Across country cycling event organized by HELP NEPAL Network under the banner 'Pedal For Education' spanned the duration of 12 days and covered the distance of approximately 1200 kms from Dolakha to Dipayal. The aim of the campaign was to raise additional funds towards the reconstruction of Rajkuleshwor Secondary School in Dolakha and beyond to establish a public library, 'Shree Bahadur Khadak Memorial Library,' in Dadeldhura. In the context

About Devendra Basnyat



Mr. Devendra Basnyat, 50, has been a cyclist since 2008 motivated by his commitment to mitigate global warming and climate change. Gradually, Basnyat used cycling as a promotional vehicle for tourist destinations as well as social causes with local and global pertinence. Basnyat's passion

for social causes is evident in his contribution to Help Nepal Network in the form of a fundraising event wherein he cycled 1,200 kms from Dolakha to Dipayal in a span of 12 days. HeNN and Basnyat collaborated to transform his passion for cycling into practical philanthropy. Importantly, the entire fund collected through this initiative went solely to the cause that aimed to bring every Nepali from around the world together for a common cause.

The 12-day journey of this event ended by organizing Closing Ceremony at the residence of Centenarian and noted author Satya Mohan Joshi. HELP NEPAL Network successfully completed the 1st series of 'Pedal For Education' event with the blessings of Mr Joshi in presence of Mr. Devendra Basnyat, Mr. Shankar Koirala, Mr. Bijay Rajbhandari, HeNN Founder Mr. Rabindra Mishra and other members of the HELP NEPAL Network team.



of the school in Dolakha, it's not just a school but one with better infrastructure that supports in ensuring a better education which ultimately is our motto as a fundamental pillar for the country's development. Similarly, the construction of the library ensures that the public has access

to vital reading materials aiding the residents' intellectual and economic prosperity.

COVID-19 Relief Package and Awareness Program 2021



In response to COVID-19 pandemic, HELP NEPAL Network started the COVID-19 relief distribution program in collaboration with a number of partners including the 'Alliance For Peace', 'Red Cross Society', 'Yes to Change', 'Nepal Manab Sewa Samiti', 'Ramechhap Business and Professional Women' and 'Support In Nepal'. The program started in the month of May and is still going on smoothly. The main objective of this program was to prevent the disease from spreading by providing COVID kits. The package includes soaps and masks which helps people practice good hygiene and prevent the disease. HeNN handed over relief packages to respective organizations which actively worked and helped to distribute in different districts of Nepal, such as Sindupalchowk, Tanahun, Kavre, Dolakha, Ramechhap and Achham. The distribution program was successfully

COMPLETED PROJECTS

completed with the help of partner organisations.

The MOU with the collaborating partners has already been done and required documents as per the agreement has been collected for the record.

The details of the distributed relief packages 2021 are as follows:

SN	Name of the Organisations	Distributed Materials		Distribution Site	
		Soap (Qty)	Mask (Qty)	Rural Municipality/Municipality	District
1	Mugu Health Post	-	2000		Mugu
2	Alliance for Peace	-	600	Bhanu Municipality	Tanahun
3	Mighty Garuda Charitable Trust	-	1000	Gokarneshwor-05, Jorpati, Kathmandu	Kathmandu
4	Loktantrik Yuwa Sanjal	2016	2500	Tamakoshi Rural Municipality	Dolakha
5	Nepal Red Cross Society	2000	12000	Indrawati Rural Municipality	Sindhupalchowk
6	Yes to Change	1000	2000	Chauri Deurali Rural Municipality	Kavre
7	G.P. Koirala Adhyan Kendra	-	7000	Abukhereni Municipality	Tanahun
8	Nepal Manab Sewa Samiti	1000	1000	Sanfebagar Municipality	Achham
9	Ramechhap Business and Professional Women	-	1500	-	Ramechhap
10	Support In Nepal	150	2000	Nilkantha Municipality	Dhading
11	Nepal Agriculture Worker Union	1000	4000	-	Taplejung

1 On 2nd June, 2021, Help Nepal Network (Nepal) handed over 2,000 pieces of masks to Mugu Health Post, Rara.

2 On 25th April, 2021, Help Nepal Network (Nepal) handed over 600 pieces of masks to 'Alliance for Peace'. The relief packages were distributed in Bhanu Municipality of Tanahun District.

3 On 4th June, 2021, Help Nepal Network (Nepal) handed over 1,000 pieces of masks to Mighty Garuda Charitable Trust, Gokarneshwor-05, Jorpati, Kathmandu. The relief packages were distributed in Gokarneshwor-05, Jorpati, Kathmandu.

4 On 8th June, 2021, Help Nepal Network (Nepal) handed over 2016 pieces of soap and 2,500 pieces of mask to Loktantrik Yuwa Sanjal. The relief packages were distributed in Tamakoshi Rural



Municipality, Ward No. 3 of Dolakha district.

5 On 9th June, 2021, Help Nepal Network (Nepal) handed over 2,000 pieces of soap and 12,000 pieces of masks to Nepal Red Cross Society. The relief packages were distributed in Indrawati Rural Municipality of Sindhupalchowk district.



6 On 9th June, 2021, Help Nepal Network (Nepal) handed over 1,000 pieces of soap and 2,000 pieces of masks to Yes to Change. The relief packages were handed over to 'DCWC Community Hospital' of 'Chauri Deurali' Rural Municipality, Ward No. 1 of



Kavre district.

7 On 10th June, 2021, Help Nepal Network (Nepal) handed over 7,000 pieces of masks to G.P. Koirala Adhyan Kendra, Baniyatar-7, Kathmandu. The relief packages were distributed in Abukhereni Municipality of Tanahun District.



8 On 11th June, 2021, Help Nepal Network (Nepal) handed over 1,000 pieces of soap and 1,000 pieces of masks to 'Nepal Manab Sewa Samiti,' Gaushala-09, Kathmandu. The relief packages were distributed in Sanfebagar Municipality, Ward No. 9, of Achham district.



9 On 20th June, 2021, Help Nepal Network (Nepal) handed over 1,500 pieces of masks to 'Ramechhap Business and Professional Women', Ramechhap. The relief packages were distributed in Ramechhap district.



10 On 20th June, 2021, Help Nepal Network (Nepal) handed over 2,000 pieces of masks to 'Support In Nepal'. The relief packages were distributed in Nilkantha Municipality, ward no. 13 of Dhading district.



11 On 29th June, 2021, Help Nepal Network (Nepal) handed over 4,000 pieces of masks and 1,000 pieces of soap to 'Nepal Agriculture Worker Union'. The relief packages were distributed in affected areas of Taplejung district.



DISASTER

Disaster Relief Program

2021



In response to the flood devastation in different districts of Nepal, HELP NEPAL Network, has started a flood disaster relief program which includes necessary basic packages including Rice, Pulses, Tarpaulin, and Salt. HELP NEPAL Network started flood relief distribution program 2078 in collaboration with different organizations such as 'Mountain Heart', 'Red Cross Society' and 'Social Changemaker and Innovators'. The program started after the flood emergency in Melamchi and is still ongoing. The main objective of

the relief program is to help family members affected due to flood and landslide, who are in need of immediate humanitarian support. The HeNN handed over relief packages to respective organizations which actively worked and helped to distribute them in different districts of Nepal including Sindupalchowk and Myagdi. In collaboration with various partner organisations, HeNN handed over the packages, which were then successfully sent to needy communities.

Helambu Flood Relief Program

On 17th June, 2021, HELP NEPAL Network, handed over 100 sacks of rice, 100 kg of Pulses and 100 packets of salt for affected families of Helambu Rural municipality. The relief packages were handed over to the Nepal Red Cross Society, Sindhupalchowk branch. Furthermore, HELP NEPAL provided relief packages to Nepal Army, which then air-lifted them to affected areas in Helambu district.



Myagdi Disaster Relief Program

On 18th June, 2021, HELP NEPAL Network handed over relief packages to Mountain Heart for the affected areas of Myagdi District. The relief packages were distributed in affected areas of Malika Rural Municipality, Myagdi. The MOU with the collaborating partners has already been done in the process.



Relief Received from Social Changemaker and Innovators

On 21st June, 2021, Help Nepal Network Nepal received flood relief packages from Social Changemaker and Innovators for Sindupalchowk flood relief campaign. The relief packages were distributed in affected areas of Sindupalchowk district.



LONG TERM PROJECTS

HELP NEPAL Health Post, Mugu

The HELP NEPAL Health Post in Murma, Mugu- one of the remotest districts in the country, was established in June 2004. Over the last 15 years, the Health Post has had a discernibly positive impact on the lives of

not just the locals but also those from surrounding villages. Common ailments like pain, fever, gastrointestinal and seasonal diseases can now be treated locally. There has been a significant improvement in the quality of life and villagers don't



have to walk two and a half hours to reach the government-run hospital at Gamgadhi anymore. Medicines at the Health Post typically cost half of what they cost at the pharmacies in Gamgadhi.

The Health Post provides services to more than 600 households. Around 4,200 people are directly

benefited by the health post. During the Covid 19 pandemic, Help Nepal Network handed over 2,000 pieces of masks to Mugu Health Post for fight against Covid-19. Health post in Mugu, has served the people and the community following safety measures.



DHULIKHEL CHILDREN'S HOME



HELP NEPAL Children's Home is one of the major projects undertaken by the Help Nepal Network (HeNN). The Home was established with the support of Oz Bayldon, founder of the Music4Children, UK, Dr. Franz Schmid from Switzerland and other donors. Dhulikhel Children's Home is running smoothly with 22 girls. The students are actively enrolled

in the classrooms with a well revised curriculum. They are also participating in various extra curricular activities conducted by the school. Overall, the home activities are running smoothly.

SOCIAL MEDIA

We invite you to like and follow our Social Media pages for regular updates.



Editor's comment: We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at help_nepal@helpnepal.net.

Thank you.
Bulletin Team,
HELP NEPAL Network www.helpnepal.net