

Having trouble viewing this email? [View it in your browser](#). November 2017 Issue



HELP NEPAL Network Bulletin

One Dollar a Month Fund for Nepal

www.HelpNepal.net



Share on Facebook



Share on Twitter

| November 2017 Issue

ONGOING PROJECTS

Rebuilding Thokarpa Secondary School

Sindhupalchowk was the epicenter of the first earthquake on April 25, 2015 and suffered the most damage including the most number of deaths and injuries. All houses and government schools in the district were destroyed and there were 3440 human casualties.

Following its immediate disaster relief efforts, HeNN looked to long term reconstruction. Since its establishment, HELP NEPAL Network has prioritized education and health, and it was decided that HeNN would fund and supervise reconstruction of two government schools, Rajkuleshwor Lower Secondary School and Thokarpa Secondary School in Dolakha and Sindhupalchowk respectively.

HELP NEPAL Network officially signed an agreement with Survivors Nepal, our local partner in Sindhupalchowk, in March 2017 after the project was announced and the first installment of funds were handed over by MaHa duo- Madan Krishna Shrestha and Hari Bansha Acharya in January.

The reconstruction of Thokarpa Secondary School is one of the two biggest projects HeNN has undertaken so far, with the project cost of NRs. 3,20,47,815/- (Three crore twenty lakhs, forty seven thousand eight hundred and fifteen rupees only).

Traditional Nepali architecture along with earthquake resistant techniques have been incorporated in the structural designs. Infrastructure plans include construction of two blocks- Block A and Block B. Block A comprises of classrooms (for grade five to 12) and Block B comprises of classrooms (for grade one to four), a library, a science lab and a computer lab.

Funds will be disbursed in 10 installments and the first installment has already been released.

Rebuilding Rajkuleshwor Lower Secondary School

Dolakha, one of the worst affected districts by the April 2015 earthquake, was also the epicenter of the earthquake on May 12. The district suffered heavy damages, all houses were destroyed along with 396 government schools. There were 170 human casualties.

Following its immediate disaster relief efforts, HeNN looked to long term reconstruction. Since its establishment, HELP NEPAL Network has prioritized education and health, and it was decided that HeNN would fund and supervise reconstruction of two government schools, Rajkuleshwor Lower Secondary School and Thokarpa Secondary School in Dolakha and Sindhupalchowk respectively.



HELP NEPAL Network officially signed an agreement with Rajhity Society, our local partner in Dolakha, in March 2017 after the project was announced and the first installment of funds were handed over by MaHa duo in January.

The reconstruction of Rajkuleshwor Lower Secondary School is one of the two biggest projects HeNN has

undertaken so far, with the project cost of NRs. 5,75,78,256.16/- (Five crore seventy five lakhs, seventy eight thousand two hundred fifty six rupees and sixteen paisa only).

Traditional Nepali architecture along with earthquake resistant techniques have been incorporated in the structural designs. Infrastructure plans include construction of a multi-purpose hall, a kitchen, a mess hall, a storeroom, toilets and classrooms (for grade one to 12) that can accommodate as many as 30 students each.

Funds will be disbursed in 10 installments and the second installment has already been released for groundwork.

Rebuilding Bhimodaya Primary School, Gorkha



HELP NEPAL Network signed a Memorandum of Understanding (MoU) with Bhimodaya Primary School of Ghyalchowk-9, Gorkha on February 16, 2017 following HeNN UK's commitment to provide financial support of NRs. 49,89,406 (Forty nine lakh eighty nine thousand four hundred and six rupees only).

The school has more than 100 students from kindergarten to grade five. Six classrooms in two of the three school buildings and toilets were completely destroyed in the 2015 earthquake. Two classrooms in the third building were damaged in March 2016 when zinc roofs were blown away by strong winds in the region.

The rebuilding project includes construction of a four-room school building with concrete roofing and will directly benefit more than 100 students enrolled in the school. Funds are disbursed in three installments.

The first installment report was submitted to HeNN in September. So far, groundwork has been completed and pillars have been constructed. The second phase will include leveling the concrete floor and building walls.

HeNN Support to Pancha Kanya Basic School, Kavrepalanchok

HELP NEPAL Network signed a Memorandum of Understanding (MoU) with Pancha Kanya Basic School in July 2016 promising financial support to provide a year's salary (including Dashain bonus) for the school's newly hired English medium teachers.

Along with the teacher's salary which amounts to a total of NRs. 7,02,000/- (Seven lakh and two thousand rupees only), HeNN also funded reconstruction of school toilets that were severely damaged in the 2015 earthquake.

One of our supporters, Reshma Aryal contributed NRs. 2,50,000/- (Two lakh fifty two thousand rupees only) to build two new toilets for the school. Aryal was inspired by HeNN founder Rabindra Mishra's book- Khana Pugos, Dina Pugos, and decided to donate her rent payments to HELP NEPAL Network.



HeNN Children's Home in Dhulikhel was built and is being operated on the land belonging to Pancha Kanya Basic School. HELP NEPAL Network has coordinated with Pancha Kanya Basic School on numerous occasions; particularly to improve school infrastructure and quality of education since all the girls at the Children's Home are educated at the school up to grade eight.

Earlier this year, HeNN signed another agreement to provide salary (including Dashain bonus) for one more English medium teacher and a teacher for the school kindergarten. Similarly, HeNN has also funded procurement of English medium books, educational materials and furniture.

Building construction of Dudhpokhari Lower Secondary School, Dolakha

Dudhpokhari Lower Secondary School was established in 1966 and later upgraded to lower secondary in 2000. There are 113 students up to class eight.

Four out of nine classrooms were damaged in the 2015 earthquake affecting regular classes at the school. Classes are being conducted in temporary shelters. The school approached HeNN to rebuild damaged classrooms and received a financial support of NRs. 895,488.21/- from HeNN Sweden.



The project is currently in its third phase. A second installment project report was submitted to HeNN in March 2017. The school has completed damp proofing (DPC) and construction of external walls.

DAISY Digital Talking Books production by NHRPFDN

HELP NEPAL Network signed an agreement with National Human Right Protection Forum for the Disabled Nepal (NHRPFDN) in August 2017 promising financial support of NRs. 57,000/- (Fifty seven thousand rupees only) for the production and distribution of more than 80 digital talking books for persons with visual/ print disabilities.

The project will mainly produce educational and reference materials for students from high school to higher education. It is believed that the project will fulfill the inadequacy of textbooks in Braille to some extent. In addition to textbooks, important curricular materials such as the Constitution of Nepal, relevant newspaper articles and literary books will also be recorded.

The existing digital books are not in navigable format so the project aims to convert those in DAISY (Digital Accessible Information System Format).

About 2% (513,321) of the total population is found with some kind of disability. Physical disability constitutes 36.3% of the population with disability followed by blindness/ low vision (18.5%).

Article 24 of the United Nations Convention on the Rights of Persons with Disabilities ensures access to quality education for persons with disabilities. However, visually impaired people face numerous barriers- inadequacy of textbooks in Braille, lack of proper accommodation, inaccessible government services, scarcity of books in accessible format, etc.

NHRPFDN is a non-governmental non-profit organization established in 2006 by a group of people with disability or personal experience with disability. The organization works for the rights of disabled people through advocacy and education programs.

The fund, disbursed in two installments, will be utilized to buy necessary items such as books, headphones, hard drives and pen drives.

COMPLETED PROJECTS

Classroom construction at Thokarpa Community Multiple Campus, Sindhupalchok

Thokarpa Community Multiple Campus, in Thokarpa-4, Sindhupalchowk, was established in 2009 with the coordination of the local District Development Committee (DDC) and Village Development Committee (VDC). Since receiving affiliation from Tribhuvan University in 2009, 103 students have graduated from the college with Bachelor's degree in either education or management.





The catchment area of the campus includes five VDCs in Sindhupalchowk (Thokarpa, Kalika, Yamunadada, Sunkhani and Lisankhu) and five VDCs in Kavre (Saping, Chaubas, Bekhsimle, Simthali and Sanobangthali).

Until recently, Thokarpa Community Multiple Campus was using physical infrastructure belonging to Baag Bhairab Secondary School.



A concrete block with 67 by 14 feet ground floor and 67 by 20 feet first floor was constructed with a financial support of NRs. 35,00,000/- (Thirty-five lakh rupees only) from University Grants Commission.

The school approached HELP NEPAL Network for financial support to complete the construction of eight classrooms on the first floor and the project was completed in November 2017.

The project directly benefits 134 students (114 girls and 20 boys) currently studying in the college.

Classroom reconstruction of Annapurna Secondary School, Dhading



Shree Annapurna Secondary School is a community school established in 2045 BS. The school employs 12 teachers and has 240 students from kindergarten to class 10.

The school approached HeNN for financial support to rebuild a four-room school building destroyed in the 2015 earthquake. The administration cited fear and mental stress pervading the lives of students for the immediate

reconstruction of the school building.

HeNN released all three installments of NRs. 15,00,000 (Fifteen lakh rupees only) contributed by the Nepalese Community Nagoya (NCN), Japan and the project was completed in May 2017.

Classroom renovation of Malika Secondary School, Surkhet

Shree Malika Secondary School was established in 1989 as a primary school and then upgraded to lower secondary level in 1994. It was further upgraded to secondary school in 2000. The school runs up to class 10 and has 13 teachers.

The school was suffering from a severe infrastructure crisis at the time which affected the students physically and psychologically. It was also affecting the quality of education and hampering the intellectual development of students.



The school approached HeNN for financial support to replace corrugated roofing sheets in classrooms and water tanks among other things. HeNN provided a financial support of NRs. 4,00,000/- (Four lakh rupees only) for zinc sheets, fasteners, cement, water tanks and pipes.

The project was completed in March 2017.

eLibrary Setup at Shree Sarwajanik Higher Secondary School, Syangja

HELP NEPAL Network signed an agreement with Shree Sarwajanik Higher Secondary School in September 2016 to set up an eLibrary lab consisting of a server and 7 client computers.

Shree Sarwajanik Higher Secondary School is the only community school in Malunga-1, Syangja and approached HeNN for support. The project, initiated with a financial support of NRs. 4,00,000/- (Four lakh Nepali rupees only) from HeNN UK, was completed in 2017.

HEALTH

Donation to Nawa Adarsha Nepal

HELP NEPAL Network donated hygiene products (soaps, toothpaste, toothbrushes) and medicine to Nawa Adarsha Nepal for a health camp in Mayanakaredi, Saptari on August 5. Hundreds of families were displaced in Mayanakaredi after the floods in July.

Khatiwada and his team of volunteers were previously involved in HELP NEPAL Network's earthquake relief work.

Donation to Indrawati Community Hospital



HELP NEPAL Network donated medical items worth NRs. 2,00,000/- (Two lakh Nepali rupees) to Indrawati Community Hospital, Sindhupalchowk in July.

Saptari Eye Camp

HELP NEPAL Network organized a two-day eye camp in Rajbiraj, Saptari targeting older population prone to cataract. The eye camp, held on January 25 and 27 inside the premises of Shree Chinnamasta Bhupendra Sanskrit Secondary School in Sakhada, was conducted in collaboration with HeNN local partner, Dharmi Halfa Women's Development Club, with technical support from Sagarmatha Chaudhary Eye Hospital, Lahan.



The eye camp benefited more than 500 locals from nearby villages of Brahmapur, Deuri, Gamhariya, Haripur, Mainakaderi, Maleth, Manraja, Theliya, Tilathi, Malhaniya, Goithi and Ranjitpur.

Although the primary focus of the eye camp was identification and treatment of congenital cataract in older population, doctors found several cases of amblyopia, retinopathy, glaucoma and AMD. Patients were given medicine and referrals by the eye doctors.

HELP NEPAL Network distributed medicine and funded cataract surgery for 102 patients at the Sagarmatha Chaudhary Eye Hospital, Lahan.

Medicine Donation to Bardiya Health Camp

HELP NEPAL recently donated medicines worth NRs. 30,000/- (Thirty thousand rupees only) to a health camp organized by Srijansheel Janashakti Samaj in Sanoshri Taratal municipality, Bardiya.

The health camp conducted on March 4 was initially scheduled for February 26 but had to be postponed due to a local strike by doctors and medical practitioners.

According to a report from the organizers, more than 600 people were registered at the one-day health camp. Free medicine was distributed under the supervision of Dr Sushil Neupane



and Dr Naresh Sunar with assistance from nurse Sushila Thapa to those who couldn't afford it.

Most of the registered patients suffered from high blood pressure and high sugar levels. They were referred to the district hospital in Bardiya. Patients suffering from gastritis, iron deficiency, cold and fever, skin allergies and water-borne diseases along with pregnant women were

treated during the camp.

Children were given Albendazole, chlorine tablets and ORS to avoid water borne diseases. Calamine lotion, ciprofloxacin, amoxicillin were also distributed to patients as per the need. Patients suffering from body aches were given lofen gel, fortiplex-M, and iron tablets were given to those suffering from weakness and especially to pregnant women.

DISASTER RELIEF

Monsoon Relief Fund 2017

HELP NEPAL Network (HeNN) started its Monsoon Relief Fund on August 15 and provided relief to more than 1500 families in seven districts- Saptari, Siraha, Rautahat, Sunsari, Bara, Jhapa and Nawalparasi.

Relief materials included super-flour porridge (सर्वोत्तम लिटो), bitten rice, daalmot, personal hygiene products (toothbrush, toothpaste, soap, sanitary pad, bucket, mug, mask), Oral Rehydration Salt (जीवनजल), water purifier, general medicine, mattresses and bedsheets.



Apart from providing emergency relief to affected families, HeNN also handed over a variety of general medicine for health camps in Sunsari, Saptari, Jhapa and Morang.

HeNN works directly with its local partners- HELP NEPAL Network manages procurement and transportation of relief materials and our local partners coordinate and

distribute relief in their local communities.

Including logistic costs, HeNN spent a total of NRs. 23,85,688/- (Twenty three lakh, eighty five thousand six hundred and eighty eight rupees) on Monsoon Relief Fund 2017.

Relief materials distribution to flood survivors

HeNN dispatched and distributed 100 family packs to survivors of flood that damaged over a dozen settlements in Saptari in late June. Relief materials were distributed by HeNN local partner, Dharmi Halfa Women's Development Club, Rajbiraj in coordination with the District Disaster Relief Committee, Saptari.

In the days following the floods, HELP NEPAL Network also distributed food and grains worth NRs. 2,50,100/- (including logistics). As many as 1500 houses in over a dozen villages were inundated by the floods rendering more than 200 families homeless.



Similarly, HeNN also distributed 40 family packs including foam mats (100m), rice (600kg), cooking oil (20l), cooking salt (20kg) and pulses (50kg) to survivors of Khimti, Ramechhap affected by the flood on July 16. HeNN local partner, Ramechhap UNESCO Sangi Shikshya Karyakram, coordinated relief on behalf of HeNN.

Relief materials distribution to fire survivors

HELP NEPAL Network (HeNN) sent 100 bags of relief materials to survivors of fire accidents in Saptari and Siraha on April 20, 2017.

Each bag contains a tent, two bed sheets, kitchen utensils (further consisting of a flat-bottom aluminum pot, a round bottom stainless-steel pot, 5 glasses, 5 plates and a spatula), two pairs of men's and women's dhotis, and a mosquito net.

Relief materials distribution to survivors of cold



Earlier this year, HeNN distributed 720 blankets in Jhapa and 1080 blankets in Saptari as part of its disaster relief efforts for cold victims.

SOCIAL MEDIA

Please like our Facebook page

HELP NEPAL Network regularly updates its daily news and activities on Facebook.

[Click here](#) to visit our Facebook page.

Please encourage your family and friends to 'like' our page as well. This will help expand our reach to those who haven't yet heard of us or our work. We have 52K likes and we thank you all for your support. We hope to reach even more people in the future.

Editor's comment: We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at admin@helpnepal.net.
Thank you. Bulletin Team, HELP NEPAL Network www.helpnepal.net