



# Help Nepal Network Bulletin

[www.helpnepal.net](http://www.helpnepal.net)

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## FUND RAISING

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HELP NEPAL Network has embarked on yet another journey to promote the art of giving and to assist those in need of health and education in rural Nepal. Rabindra Mishra, a founder member of HeNN and a BBC World Service journalist by profession, has just begun a campaign called 'Kripya, Paanch Rupaiyan Dinos Na!' (Please, give me five rupees) through a column in Kantipur daily to institutionalise HELP NEPAL Network so that it could continue with its mission. The appeal has received a tremendously positive response right from President Dr Ram Baran Yadav to ordinary villagers across the country. Several comments have been published in Kantipur itself in support of the campaign.

HELP NEPAL Network hopes to receive support from its well-wishers in this unique initiative to promote philanthropy in Nepal through the help of Nepalis!

### Joint Fundraising Event, Sydney, Australia

Help Nepal Network (HeNN) Australia and The Centre for Learning and Children's Rights (CLCR) jointly hosted a fundraising night of fantastic food and Nepali dances on 18th July 2009.

All proceeds raised from the event will go towards the treatment of women suffering from Uterine Prolapse in remote villages in Nepal and CLCR's School Project in Kathmandu.

### Mount Washington Road Race, USA

Three men faced the challenge of racing uphill on Mount Washington road on 20th June 2009, which is one of the most challenging road races in the world and certainly not for the faint hearted. Bijay Ghimire, Ujjwal Shrestha and Ishwar Khatiwada participated in the race to support a noble cause.

All proceeds raised from this event will go towards providing scholarship for twenty high school students in Nepal to enable them to complete their education.

read more on fundraising events [click here](#)

## Forward

Know someone who might be interested, please forward this email?

## Donate Online

Online Donations can be made through the following link:

IN the USA

UK and elsewhere

## » Projects



"More than 3,500 people from Mugu, Jumla and Humla districts visited the camp for medical check-up."



### Mugu Health Camp

The HeNN health camp in Mugu is a permanent set up located in a remote and underprivileged region in Far Western Nepal. Presently, there are two technical staffs who have been providing medical assistance to the local community as well as people who come from nearby villages.

This summer, they facilitated an outreach clinic service and vaccination programme to promote general health awareness. The clinic was very successful and saw an influx of patients from different regions. The health assistants also made observations that the local people, especially students and the youth, were generally more aware of sanitation and nutrition factors affecting their day to day lives. This was mainly as a result of the TOT campaign conducted in October 2008.

The region also suffered from an outbreak of diarrhoea in May 2009. HeNN health post conducted a one day camp in Pina Village Development Committee (VDC), distributed free medicines and treated patients ailing from severe diarrhoea.

*nepalnews.com Nov 14 (<http://www.nepalnews.com/archive/2008/nov/nov14/news16.php>)*

## Help Nepal Health Post, Sarlahi



HeNN and the Ananda Community Development Committee have signed an MOU to construct a permanent health post in Sarlahi district. The cost for this project is estimated at US\$17,143, which is to be paid in 4 instalments. Hon. Minister of Industry, Mr Mahendra Ray Yadav laid the foundation stone on 19th July 2009 in the presence of more than 1000 local people. He has also committed to offer continuous support to the health post.

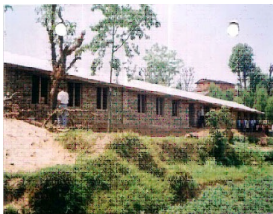


## » Completed Projects

### Sunkoshi College, Sindhuli

HeNN, NRN and the Sunkoshi College signed an MOU on 12th March 2009 to establish an e-library and a traditional library at the campus premises in Ratmate, Sindhuli district. In the first phase of the project, 12 low watt computers, solar panels and batteries were provided to make the project energy efficient. Training sessions were conducted to make the teachers and students familiar with the system.

The project also aims to provide reading materials and set up of a traditional library.



### Jeevan Jyoti Lower Secondary school, Gorkha

HeNN contributed a total of US\$4,860 to Jeevan Jyoti Lower Secondary school in Gorkha for the construction of a new school building in order to replace the old one that was in a dilapidated condition and inaccessible to students. The construction of the school building is now complete.

Completed school building,  
Gorkha



### Ganesh Secondary School, Baglung

HeNN contributed a total of US\$4,160 to Ganesh Secondary School in Baglung to construct a new roof. This project was carried out in partnership with the local community and is now complete.

Ganesh Secondary  
School, Baglung



### Everest Boarding School, e-Library, Bhaktapur

This project was funded by Mr. Shailesh Munankarni, alumni of Everest Boarding School and currently a senior year undergraduate student at Harvard University. HeNN along with a team of engineering students from Kathmandu University and Advance College of Engineering and Management, provided the technical support to establish the e-Library.

e-Library, Bhaktapur

### Sri Adarsha Higher Secondary School, e-Library Chitwan

HeNN has deployed 11 computers to establish an e-Library in Sri Adarsha Higher Secondary School, Chitwan. The total cost of the project is estimated at US\$3,000.



e-Library, Sindhupalchowk

### Shree Koldong Devi Secondary School, e-Library Sindhupalchowk

An e-Library was set up in Koldong Devi Secondary School in Sindhupalchowk, which is located in a region where transport facilities are inaccessible and takes up to an hour and a half to reach by foot. HeNN volunteers received support from the local villagers and the students who helped enthusiastically to carry the equipments to the school premises. Further support was received from Save the Children Norway that donated 10 computers to assist the project. HeNN volunteers also facilitated training in introduction to computing and technology.

### Sri Rauta Higher Secondary School, e-Library Udayapur

An e-Library was established in Sri Rauta Higher Secondary School, Udayapur in partnership with HeNN, Save the Children Norway and the District Education Office in Udayapur. Save the Children Norway has contributed US\$3,135 towards the project and the remaining funds will be donated by the Village Development Committee, the District Development Committee, and the District Education Office in Udayapur.



HeNN contributed US\$100 to FOSS Community to mark Software freedom day on 19th Sept 2009.

## » Fundraising

### British 10K Run

Help Nepal Network would like to thank the Sukunda team for participating in the Asics British 10K run on 12th July 2009 to support HeNN's cause.

Sukunda have previously participated in the British 10K run and raised funds to support the Helping Hand Community Health Clinic in Parbat district. This time, all funds raised will go towards renovation of Sri Devi Lower Secondary School at Bahundanda in Jhapa district. The school is in a dilapidated condition and needs immediate assistance. For more details, please visit <http://www.helpnepal.net>

### British 5K Run

Help Nepal Network would like to thank Mr. Raj Pathak for participating in the Asics British 5K run on 12th July 2009 to support HeNN's cause.

Mr. Pathak works as an Electrical Engineer at WS Atkins. He came across the idea of running for charity through a friend and decided to raise funds for HeNN in order to contribute towards health and education in Nepal. His motivation is praiseworthy for running despite being on medication at the time.

**Editor's comment:** We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at [admin@helpnepal.net](mailto:admin@helpnepal.net).

Thank you. Bulletin Team, Help Nepal Network [www.helpnepal.net](http://www.helpnepal.net)