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**Introduction**

This particular bulletin has been brought about with the combined help of individuals living in Nepal, Australia and UK. It is this team work that is helping us get your donations to the people in the remote parts of Nepal where maximum benefit can occur.

You will see from this bulletin that keeping things simple and using the combined help of individuals spread around the globe we really can make a difference in Nepal.



After Australia, USA, UK, Austria, Italy, Canada, Russia and the CIS, New Zealand, Sweden and Nepal, now its Ireland. Help Nepal concept continues to spread around the world.

After months of hard work, Ireland based enthusiastic Nepalese have opened a HeNN chapter in Ireland. HeNN-Ireland executive committee has been formed to take this noble message of Help Nepal to Ireland.

HeNN-Ireland executive team include Keshav Prasad Bhattarai, Jaya Ram Wagle, Suman Ghimire, Milan Chhantyal, Aanand Kumar and Deepesh Man Shakya.

We welcome on board HeNN-Ireland team and send our best wishes to all executive members. Thanks to the efforts of Deepesh Man Shakya who played a key role in forming the team.

For more details on HeNN-Ireland team, please visit

[http://www.helpnepal.net/henn\\_IRE.htm](http://www.helpnepal.net/henn_IRE.htm)



The Help Nepal Health Post in Mugu has been in operation since 15th of June 2004. It aims to provide health services to 17,000 people of 7 Village Development Committees of Mugu district. The health post was inaugurated by the Vice President of District Development Committee. The ceremony was attended by other committee members, local government authorities, representatives from local social organizations and members of the local community. The health post holds the government license from the Ministry of Health.

The health post currently has four health workers. Three health workers are provided by the District Development Committee, which are funded by the National Planning Commission. The fourth is provided by the District Health Office.

Medicine and medical equipments worth Rs. 50000 have been dispatched to the Help Nepal Health Post. Health Care Nepal provided US\$1000 for medicine and medical equipments.

The construction of Health Post has encouraged the local authorities and communities to make an effort for other development works in the area. National Planning Commission provided Rs. 500,000 to construct a staff quarter for the Health Post, which is nearing the completion. The people of Murma on their own effort generated 5 kilo watt electricity to provide electricity for health post and as well as for Murma village.

For the further expansion and operation of Help Nepal Health Post, HeNN has decided to open a separate bank account. The 800 USD raised by HeNN-Nepal from Help Nepal International Day Celebration will be contributed to the new account for Help Nepal Health Post.

The latest report from the Health Post indicates that the Health Post has treated total of 142 patients from various districts.

V.D.C	No. of Patients	Diarrhea & Skin Dishentry	and Eye/Ear/nose/ Stomache Head	Stomach problem	Mouth	Other infections	
Rara	90	10	20	36	18	5	1
Khamale	8	-	2	3	1	-	2
Seri	11	1	1	3	4	2	-
Kotbada	4	2	1	-	1	-	-
Srikot	6	-	-	2	1	1	2
Pina	15	3	2	5	1	1	3
Purmadi chaur, Jumla	3	-	1	1	1	-	-
Bisat, Jumla	5	2	1	1	-	-	1
<b>Total</b>	<b>142</b>	<b>18</b>	<b>28</b>	<b>51</b>	<b>27</b>	<b>9</b>	<b>9</b>



The current school building is on the bank of the river and next to the cremation center. The students suffer from the smoke from the cremation service. The students also have to put off with the cremation service that takes place in the river side. Moreover, the school is

under the busy highway which is used by the heavy lorries carrying stones from the nearby stone mine. The lives of students are in great danger.

There is an urgent need to shift the school building from the current location to a safer and suitable location. HeNN has pledged Rs. 300,000 out of total Rs. 700,000 towards the cost of building a school building in the new location. The rest of the amount will be managed by the school and local participation.

With HeNN's initiation, the school management has also successfully negotiated with the government bodies to acquire local land to construct the school building. The school will have enough space for the students and will shift away from the existing location.

In 2001, HeNN had provided Rs. 150,000 to construct the school building of Chanaute Primary School in Parbat District( Lukhu Deurali VDC ward no 5). The school is located in remote area, about 15 miles away from the district head quarter.

The latest report received from the school mentioned that the new building built with the help of HeNN has allowed the school to provide education to many children from 4 nearby villages. The school currently has students from grade one to five, with about 156 students from 130 families. The school also accommodates 24 students from minority group (Dalit).

The school has requested HeNN for further support to buy the furniture. A formal project proposal has been submitted and HeNN-USA team is coordinating it.

### HELP NEPAL Network Income and expenditure account for September 2003 - July 2004

	£	£	£
Balance at bank 1 September 2003			12,366
Income			
Standing Orders	3,579		
Overseas	235		
Donations	1,503		
Personal donation to cover Ktm Admin costs	500		
	5,817		
Expenditure:			
Projects		4,000	
Admin fund transfered to HeNN Nepal		504	
Balance at bank 30 July 2004			13,679

On Sunday 8th of August, HeNN chapters around the world held a first ever historic teleconference to discuss HeNN activities and share ideas. With HeNN expanding to numerous countries, the teleconference was an important opportunity to get to know each other personally, share each other's passion and thoughts on HeNN and reflect on HeNN's current accomplishments and future directions. The teleconference was a grand success and HeNN plans to hold such a conference once a year.

Between 24th of July and 14th of August, HeNN celebrated its annual Help Nepal International Day in several cities around the world generating in total about US \$ 14,000 for the Network's current and future projects.

Various events were held in Boston, Sydney, Melbourne, London, Moscow, Venice, Vienna and Kathmandu. A small gathering was also held in Paris, where it was decided to launch HeNN-France as soon as possible.

HeNN likes to extend special thanks to Dhruva Basnet, the Producer and Director of The Killing Terraces and Navin Subba, the Producer and Director of Numafung for allowing the Network to screen their films for free to celebrate the occasion. The Killing Terraces was screened at the events held in London and Vienna and Numafung was screened in Boston.

HeNN would like to thank its countless supporters and well-wishers around the world, without whom it would have achieved nothing.

HeNN has so far raised nearly US \$ 60,000 mainly from Nepalis and completed over a dozen projects in mostly remote parts of Nepal.

Please visit HeNN website <http://www.helpnepal.net> for HeNN's past achievements and projects.

#### USA

Help Nepal Network USA organized its first ever-official fundraiser and celebrated Help Nepal International Day on August 7th 2004 at MIT with the screening of Numafung. The program, attended by more than 100 people raised \$1698 as donation and ticket sales. All of the proceeds will go to Help Nepal Health Post in Mugu, a remote far-western district of Nepal. A short power point presentation elaborating on the goals, objectives and achievements of Help Nepal Network preceded the movie. The organization also appealed people to become members and start by donating a dollar a month for the cause of health and education in Nepal.

#### Australia

On Sunday 25th of July, Help Nepal International Day was celebrated in Melbourne with dinner/seminar/cultural program, which was attended by about 130 people. The program raised over 3000 Australian dollars. Similarly, in Sydney, HeNN was able to raise nearly 2,200 Australian dollars at function organised in a community hall.

#### Russia

On Saturday, 24th of July, over 200 Nepalis gathered at a Moscow suburb to celebrate the Help Nepal International Day, which generated 2,000 USD for HeNN's future projects. Among those present in the gathering, organised as a picnic, were the Chairperson of the NRN International Coordination Committee and the Russia-Nepal Chamber of Commerce and Industry, Dr. Upendra Mahato, Acting Royal Nepalese Ambassador to Russia, Mr. Jeevan Prakash Shrestha and a delegation headed by the Chairperson of the Nepal-Russia Friendship Association, Mr. Bhagwan Ratna Tuladhar. Other members of the delegation included senior advocate, Mr. Sindhu Nath Pyakurel, and journalists, Mr. Krishna Murari Bhandari and Badri Paudyal. Addressing the gathering, the HeNN-Russia Chief Coordinator, Dr. Bishma Acharya, called on the participant to support Help Nepal Network. He also announced that the Help Nepal International Day would be observed in Russia and the CIS countries every year from now onwards.

## Nepal

The Help Nepal International Day was observed in Nepal by organising a fund-raising dinner and a musical program on Friday, the 14th of August. During the program, chief guests at the function, Minister of State for Water Resources Thakur Prasad Sharma and vice chairman of National Planning Commission Dr. Shanker Sharma, handed over a cheque of Rs three hundred thousand for the construction of a school building of Buddha Primary School at Chhampi village in Lalitpur district. In a message sent on the occasion, Prime Minister Sher Bahadur Deuba, lauded the activities of the Nepalis living abroad to help in the areas of health and education in remote areas of Nepal.

## UK

The HELP NEPAL International Day in the UK was celebrated in South East London and West London respectively on the 19th and the 26th of August generating nearly £3,200. The main attractions of both the Days were the screening of the documentary, The Killing Terraces, produced and directed by Dhruba Basnet and the Power Point presentation about the Network and its projects. At the function in Ealing Town Hall, West London, the Royal Nepalese Ambassador to Britain, Prabal Shamsher JB Rana, distributed certificates of appreciation to the sponsors of HELP NEPAL Day in the UK. The sponsors included Bhandari Brothers Ltd. (£700), Brightsun Travel (£350), Meridian College of London (£250) and KTM Tourism Services (£200).

HeNN-UK is also thankful to Greenwich College of London, Marklink Limited and many other individuals who extended their support to make both the events in London a grand success.

## Austria

HENN International Day in Vienna was celebrated on Sunday, the 1st August, at the residence of Himali Upadhaya, the HeNN-Austria coordinator. At the occasion the documentary, The Killing Terraces was shown and also the attendees were briefed on HeNN activities. Even though a turnout was small, HeNN-Austria to raise 110 Euros in total. This has been a positive step in laying down seeds for the longer term goals to create a working group in Vienna.

## Italy

Even though the Nepalese community in Italy is not as big as in America or Australia, enthusiastic Nepalese gathered for a picnic to celebrate HELP NEPAL International Day at a park in Venice. Suman Dhakal, the President of HeNN-Italy briefed the participants about the HeNN activities and thanked them for their continued support. In total, 165 Euro was generated.

For more detailed information on Help Nepal International Day celebration around the world, please visit Help Nepal website:

<http://www.helpnepal.net/news.htm>

Anil Thapa from HeNN team in UK was the sole Nepali who completed the Reykjavik marathon on Saturday 21st August 2004. His reason for taking part in the marathon was not to win the medal for himself, rather to spread HeNN's message and to raise some fund for HeNN projects. How noble! Here is what he had to say after the grueling event:

"I enjoyed every second of it. On the track of 42 km, people from every household came outside, started playing their music, some started dancing, some even shouting Nepal, Nepal, Nepal(they saw my t-shirt advertising Help Nepal Network), to encourage runners. It was simply fantastic."

"I could have finished my run earlier than 5hrs and 10 minutes but my shoes made me reduce my pace. Also my mission wasn't to compete with others and win the gold medal, it was to complete the race and raise money for those suffering from minimal needs back in Nepal."

Well done Anil, we are all proud of your achievement and inspired by your effort. Anyone wishing to contact him can do so via the website [www.helpnepal.net](http://www.helpnepal.net).

- The average person in Nepal survives on less than \$1 a day?
- Over half the children never have the opportunity to attend secondary school?
- Many rural students have to walk for hours each way to go to school?
- Over 3000 people share 1 hospital bed whereas over 18,000 people share one physician.
- Of the total illiterate people, nearly two-thirds are women.
- Only 2.9 percent of of Gross National Product(GNP) is spent on education and only 1.3 percent is spent on public health system.
- Nepal is one of the worst country for Female Illiteracy rate in the world.

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**Editor:** Pramod Dhungana (Nepal), Raju Shakya (Australia) in association with HeNN Global team.

**Bulletin technical support:** Ram Babu Shrestha (UK)