



HELP NEPAL Network Bulletin

One Dollar a Month Fund for Nepal

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Editor's Note:

Dear All,

We are really happy to be able to reach you all with the latest edition of the Help Nepal Network bulletin. It provides us an opportunity to inform you about the activities being carried out in Nepal and remind us all that how your continued support and encouragement has helped bring about changes in various ways.

Over the last decade, HeNN completed over 100 projects in the fields of education and health in rural Nepal. This would not have been possible without your continuous support. Throughout this period, HeNN did not spend a single penny of charitable donations on administrative expenses. Our overhead costs are met by an Administrative Endowment Fund set up with the generous help of our friends and well-wishers.

We are happy to report that Help Nepal Network provided meaningful support to various schools, a drinking water project and a birthing center during this period. We are committed to continue support to local communities by mobilising our resources.

We look forward to your valuable comments and suggestions, as always! You may write to us at help_nepal@wlink.com.np or admin@helpnepal.net. On this occasion, we would like to wish all our members, supporters and well-wishers a Happy New Year 2012. May the New Year inspire us all to be more committed to engage in charitable works in whatever way possible!

With best regards,
Editorial team
Help Nepal Network

ONGOING PROJECTS

Construction of Janata Higher Secondary School, Bharatpur

Shree Janata Higher Secondary School was established as a community school in 1957 and later was upgraded to a higher secondary school. The school is constructing a building with the help of the funds made available by the Help Nepal Network. The School Management Committee and Village Development Committee are also supporting the project.

With the additional fund of USD 1,400.00 donated by Dr. Upendra Mahato, painting of the building is ongoing.

Construction of class rooms at Jagadamba School, Bardiya

Shree Jagadamba Higher Secondary School was established in 1973 as a primary school. The school was upgraded to lower secondary and secondary level in 1983 and 1989 respectively. In 2007 it was upgraded to the higher secondary level.

Help Nepal Network is supporting the construction of class rooms at the school. With the additional fund of USD 1,400.00 from Dr. Upendra Mahato's personal contribution, plastering and colouring work on the building is ongoing.

Construction of Manakot School, Bajura

Shree Manakot Lower Secondary School was established in 2007 with the support of social workers, intellectuals and local community. Due to increasing number of students, the school faced shortage of classrooms. The school approached HeNN requesting for funds to construct two additional rooms along with furniture.



HeNN approved the funding of USD 6,338.03 in three instalments. With the first instalment of USD 2,112.68 provided, construction materials have been bought and the work is underway.

Construction of Mugu School, Morang

Shree Mugu Primary School was established in 1983 with the support of the local community. The School approached HeNN for financial support to renovate the school

building which was in a dilapidated condition. HeNN approved a funding worth USD 4,225.36 in three instalments. A concrete roof for the school was built with the first instalment. The second instalment of USD 1,408.46 was handed over to the school on 27 December 2010 and the construction work is underway.

Members of "Run for Change" (www.runforchangenepal.com) who took part in the British 10 K Run, have sponsored the renovation of the school.

Construction of Sarlahi health clinic, Sarlahi

The second instalment of funds, USD 4,225.36 to construct a health clinic in Haripurwa, Sarlahi, has been handed over to the representatives of the clinic. The progress report of the first phase has been submitted to HeNN office. The fund was mainly used to purchase construction materials.

Saraswati Higher Secondary School, Gulmi

With the second instalment of USD 2,142.86 provided to Saraswati Higher Secondary School, Gulmi, the construction work is almost completed. The second phase involved concrete roofing, plastering, fitting of irons bars in windows. The construction work is expected to be completed soon.



Improving Primary Classrooms and Teaching-Learning Pedagogy in Kavre, Rato Bangla Foundation

Rato Bangla Foundation (RBF) is a registered NGO established in 2002 which is based in Nepal and affiliated with the Social Welfare Council, Nepal. Working towards ensuring children's right to quality school education is the core objective of this organization. Since its inception in 2002, RBF has worked mainly as a training institution providing different types of training programmes to primary and secondary school teachers. This project is designed to improve grade one to three teaching-learning pedagogy as well as classroom structure of prospective partner schools in north-west part of Kavre district. The project will take nine schools from six VDCs and will put them in a cluster that allows developing a network and initiating good practices like self-assessing the achievements, sharing of success stories, learning from each other and planning. The project's aim is to partner with government schools in Kavre and promote child-centered teaching-learning and improve achievements across grade one to three.

Three organizations will be taking the responsibility of generating funds with regard to implement the project- partner schools, Help Nepal Network (HeNN) and RBF. A significant pie from the total budget (70.73%) will be shared by the partner schools and HeNN will contribute with 27.63% of the total cost.

Shree Goraksha Nath Secondary School, Dang

Shree Goraksha Ratna Nath Secondary School is located in Ghorahi Municipality ward no. 4, Dang district. The school was established in 1973 as a primary school and later it was upgraded to lower secondary and secondary level in 1997 and 2008 respectively. The school currently has 770 total numbers of students with 19 teachers. Due to the increasing number of students, the school management planned to build additional classrooms and provide educational environment for the children of poor communities. For that the school approached HeNN for the support. Upon studying the proposal, HeNN decided to provide financial support to the school to help build additional classroom for the increasing number of students.

Out of the total estimated cost for the construction of £5932.21, the school management committee managed to get support from the local community worth £1694.92 and requested HeNN for the remaining £4237.29.

UK's No 1 eBay seller, Sudip Gautam, alias Dario Lopez, 21, donated 10 pence per order his company received in the month of October, 2011 to HELP NEPAL NETWORK. Out of the total donation of £5,858.40 provided by the London Magic Store owned by Mr Lopez, £4237.29 has been earmarked for Shree Goraksha Ratna Nath School, Dang and the remaining £1,621.11 will go to Shree Tribhuvaneshwori Higher Secondary School, Bajura.

The Help Nepal Network has provided the first installment of £3094.78 to Shree Goraksha Ratna Nath School, Dang, on November 21, 2011. The remaining amount will be handed over upon receiving the progress report.

COMPLETED PROJECTS

Construction of Thokarpa School, Sindhupalchowk

HeNN contributed a total of USD 6,338.03 in three instalments and the construction work is completed now. The completion work includes roofing, doors and window fittings with grill, and floor plastering. The classes are smoothly running now.

Members of "Run for Change" (www.runforchangenepal.com) who took part in the British 10 K Run had sponsored the renovation of the school.



Construction of Mugu School, Morang

With the third instalment provided in July 2011, construction of two class rooms of the building is now completed. HeNN provided a total fund of USD 4,225.36 in three instalments. The completion work includes concrete roofing, doors and windows fittings, wall and floor plastering.

Members of "Run for Change" (www.runforchangenepal.com) who took part in the British 10 K Run had sponsored the renovation of the school.



Support for Community Birthing Centre, Dhanusha

Dhanusha Sewa Samiti (DSS), established in 1992 in Dhanusha district, is a network of community based organizations working towards empowerment of disadvantaged people. DSS has established a Bengadawar clinic in Bengadawar village in a rented house. DSS wanted to set up a Birthing Centre as part of the clinic to provide reproductive health services to pregnant women. For this purpose, DSS requested HeNN for financial support.

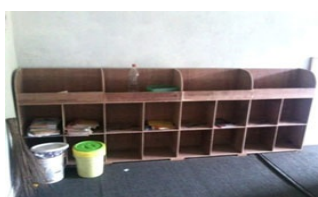
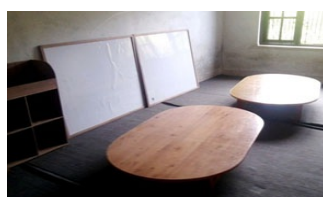


The HeNN has provided a total fund of USD 6,944.45 in two installments. The construction materials were bought with the funds. The project was funded by The Fulkumari Trust. Well-known Nepali artistes, Madan Krishna Shrestha and Hari Bansha Acharya (Maha Jodi) handed over the check to representatives of the Center at a function organized at the HeNN office in Kathmandu on July 26, 2011.



Support for Sankhu Palubari Community School, Sankhu

The Sankhu Palubari Community School (SPCS) established in 1999 is a joint project with Hoste Hainse and The Advocates for Human Rights (AHR). The school has been running with the financial support of AHR and the Hoste Hainse since its inception. The school now has a total of 278 students and runs classes up to Grade 8. Hoste Hainse approached HeNN for financial support to run Grade Nine and a Nursery at the school. HeNN provided a financial support of USD 1,534.03 to start two classes. Desks, benches and white board for Grade 9 and mat, carpet, two small round tables and one medium sized almirah were bought for the Nursery class.



Support for Shree Manthali Higher Secondary School, Ramechhap

Shree Manthali Higher Secondary School located in Manthali VDC, Ramechhap was established in 1955 as a primary school and was later upgraded to lower secondary and secondary level in 1974 and 1999 respectively. Currently the school runs from class 1 to 12 and has a total of 1,744 students. The school approached HeNN for financial support to

procure science lab equipments with a view to provide practical scientific knowledge to the students of Grade 11 and 12.

The school has bought science lab equipments including 72 items related to Chemistry, 37 items related to Physics and 100 items related to Biology with the

assistance of USD 6,152.22 provided by the HeNN. The equipments were handed over to the representative of the school at a formal handover program organized at the HeNN office in Kathmandu on 26 July 2011.



Overhead Water Storage Tank Construction, Dhulikhel

The Dhulikhel Drinking Water Supply System was constructed with the financial assistance of the German government in 1994. Out of 9 wards under Dhulikhel Municipality, this water supply system has been supplying water to all the residents of ward no 2, 3, 4 and 5 only and partially to residents of ward no 1 and 6. But the people of ward no 7, 8 and 9 were completely deprived of clean drinking water. They had been depending on traditional wells and small spring sources.



The water is, however, not sufficient to meet the demand of existing population and also poses public health threat as the sources are getting polluted because of the growing population. Hence, the construction of an Overhead Water Storage Tank at ward no 7 with the capacity of 300 cubic meters was felt necessary by the local community. Out of the total estimated construction cost of NRs nine million, HeNN provided the support of NRs 300,000 (£2514.25) to the project. The cheque was handed over by Maha Jodi to the representatives of local consumer group at a formal handover program organized at the HeNN office in Kathmandu on 26 July 2011.



Establishment of eLibrary at Sri Nepal Rastriya Secondary School, Birgunj

An eLibrary was set up at Sri Nepal Rastriya Secondary School, Birgunj in partnership with Ncell and Save the Children. This is another eLibrary project done in coordination with Ncell and Save the Children where Ncell provided the fund, Save the Children coordinated with the school and HeNN implemented the project. The students from Kathmandu University (KU) successfully deployed an eLibrary at school on 20 September 2011. Around 850 students including 17 teachers and the local community members are expected to be benefitted from the eLibrary.



LONG TERM PROJECTS

HELP NEPAL Health Post, Mugu

The Help Nepal Health Post in Murma village, Mugu is running well. The health post has had a discernible and significantly positive impact on the lives of the people of Murma and surrounding villages. Common ailments like pain, fever, gastro intestinal and seasonal diseases can now be treated locally. Villagers do not have to walk two and a half hours to reach the government hospital at Gamgadhi. There has been significant improvement in the quality of life after the establishment of the health post. Medicines at the health post typically cost half of what they cost at the pharmacies at Gamgadhi. Many residents from surrounding villages prefer to come to the health post rather than visiting the Gamgadhi Hospital.

In the month of September, the required medicines worth USD 614.27 were sent to Mugu health post. The medicines were sent with health assistant, Bimal Kumar Acharya.

Help Nepal Balbalika Kendra, Dhulikhel

HELP NEPAL Balbalika Kendra (HELP NEPAL Children's Shelter) is one of the major projects undertaken by HeNN. The construction of the shelter is almost complete. The works completed so far are, final flooring of terrace and passage (cemented), tiles and marble work in kitchen, tiles work in Bathroom, fitting of iron bars in windows, doors, and staircase, wiring and fittings of bulbs and outside and inside painting of the building. The construction of compound wall is underway.





FUNDRAISING

HeNN USA raises USD 6,513

The HeNN USA chapter raised USD 6,513.00 for Nyaya Health Project in Accham. The fund will be used to install blood transfusion services at Bayalpata Hospital, Ridikot VDC, Accham.

Mr. Bishwas Hamal from Finland raises 770 Euros

Mr. Bishwas Hamal, a student in Finland, raised 770 Euros to support the activities of the Help Nepal Network. 'All Nepali students and small Nepali community in Finland commend the selfless work HeNN is doing for the country,' Mr Hamal said. The fund will be used for projects endorsed by HeNN.

HeNN Denmark raises USD 813.12

The HeNN Denmark chapter raised USD 813.12 in October 2011. The fund raised from HeNN Denmark will be used to support the school construction project of Shree Tribhuvaneshwori Higher Secondary School, Chatara VDC 5, Bajura.

Mr. Raj Maharjan from HeNN New Zealand raises USD 1,140

Mr. Raj Maharjan took part in the Auckland Marathon to contribute to the HELP NEPAL Network and raised USD 991.96 and the remaining USD 148.04 were donated in the support of the Marathon which in total USD 1,140 was raised. The fund will be used for the health and education projects of Help Nepal Network.

MISCELLANEOUS

HeNN supports six different projects

A formal handover program was organized on 26 July 2011 at the Grand Multi Venue, opposite HeNN office in Kathmandu. Madankrishna Shrestha and Haribansha Acharya along with senior journalist Kunda Dixit and former Finance Secretary and member of HeNN, Rameshore Khanal were present at the program as Guests. Financial assistance was provided to six new projects.



1. Jana Siddha Secondary School, Chitre VDC, Parbat (To help build a library room) - NRs 596,980.
2. Dhanusha Sewa Samiti, Bengadabar, Dhanusha (To help complete the under-construction health post) - NRs 500,000.
3. Rato Bangala Foundation, Kathmandu (To help train community school teachers of Kavre district) - NRs 494,460.
4. Manthali Higher Secondary School, Ramechhap (To help buy equipment for science laboratory) - NRs 450,000.
5. Dhulikhel Water Supply Project (To help build overhead water tank) - NRs 300,000.
6. Sankhu Palubari Community School, Sankhu (To help buy furnitures) - NRs 110,450.

Total funds provided: NRs 24,51,890 (USD 34,655.69)

The checks were handed over by HeNN executive members to Madankrishna Shrestha and Haribansha Acharya who then handed over to representatives of above mentioned projects. There was a good media presence at the program.



Money and Clothes Donation to HeNN

Mr. Bishwas Hamal, a student based in Finland and Dr. Sameer Mani Dixit, Producer of Nepali feature film Highway, donated NRs 7,000/- and NRs 15,000/- respectively to HELP NEPAL Network in a formal handover program organized by GoalNepal.com at Hotel Crown Plaza, Naxal. The money was handed over to celebrate the goal made by Nepal against Jordan. Mr. Bharat Khawas, the goal scorer handed over the money to Mr. Arun Singh Basnet, the President of HeNN. GoalNepal.com also handed HeNN two boxes of clothes.



NRNA joins hands with HELP NEPAL Network for charity projects

The Non-Resident Nepalis Association (NRNA) has entered into partnership with the the largest charitable network of Nepalis, HELP NEPAL Network: One Dollar a Month Fund for Nepal (www.helpnepal.net), to launch various charitable projects in Nepal.

Newly elected Chairman of the NRNA International Coordination Council, Jiba Lamichhane, has signed a Memorandum of Understanding (MoU) with Arun Singh Basnet, Chairman of the HELP NEPAL Network's Nepal chapter at the latter's office.



Clothes Donation to Care Club

One small sack of clothes was handed over to Helpless Service Nepal on 14 March 2011. The clothes were donated to HeNN by the GoalNepal.com. Children Care Club situated in Dhapasi, Kathmandu has been working in the field of Education and Health of Orphan, Underprivileged, Poor and Conflict Impacted Children since its establishment in 2006. This support will benefit around 12 children being taken care of by the Club.



Clothes Donation to Chepang Community, Chitwan

Help Nepal Network donated more than 1,000 pieces of new and old clothes to Under-privileged Chepang Community of Chitwan district. The clothes were collected from GoalNepal.com, members of HeNN, MJ Club, COME ON YOUTH STAND UP, Pokhara and Major Ram Krishna Shrestha, Nepal Army. The support came in response to the campaign started by theatre artist, Mr. Rabindra Singh Baniya a year ago.



Computers donated to Dang School

In technical collaboration with Foss Nepal, HeNN had established an eLibrary at Sri Adarsha Higher Secondary School, Lalmatiya, Dang in January 2007. This was HeNN's first eLibrary project. Due to some technical problems in the old computers, the school approached HeNN for new computers with latest system. HeNN provided six new computers worth USD 2221.93.



eLibrary Training at BVS

A two-day-long eLibrary training was held at Brihaspati Vidhya Sadan, Naxal on November 6 and 7, 2011. 10 participants (computer teachers) from seven different schools took part in the training. The training was focused on how to use the eLibrary contents and how to do the trouble shooting. 15 volunteers from Kathmandu University (KU) were involved during the training. The training was held under the collaboration between Ncell, Save the Children and HeNN.



Editor's comment: We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at admin@helpnepal.net.
Thank you. Bulletin Team, Help Nepal Network www.helpnepal.net