



HELP NEPAL Network Bulletin

One Dollar a Month Fund for Nepal

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Editor's Note:

Dear All,

It is with great pleasure that we present you the latest edition of HELP NEPAL Network Bulletin.

It gives us an opportunity to inform you about the activities being carried out by HELP NEPAL Network (HeNN) in Nepal and remind us how your continued support and encouragement has helped bring about changes in various ways.

This newsletter brings you information regarding our completed and on-going projects along with updates on our long-term projects.

We look forward to your valuable comments and suggestions as always.

You may write to us at help_nepal@wlink.com.np or admin@helpnepal.net. Thank you all once again.

With best regards,
Editorial team
HELP NEPAL Network
www.helpnepal.net

ONGOING PROJECTS

Singha Devi Higher Secondary School

Singha Devi Higher Secondary School, located in Mangalbare Sunnam-3 of Terathum district, was established in 1975. The school was later upgraded to lower secondary and secondary level. The school was again upgraded to higher secondary level in 1996. The school has 20 teachers and a total of 463 students from class one to 12. Two out of six school buildings suffered damages in the 2015 earthquake. Currently, only three buildings with eight classrooms are in proper conditions to run classes and offices in. The school has started construction of four classrooms after receiving a financial support of NRs. 4,35,000/- from HeNN.

Shree Little Buddha Primary School



Shree Little Buddha Primary School, located in Majhiphed-1 of Kavre district, was established in 2010 as a community school. The school has two teachers and 64 students up to class four. The school was severely destroyed in the 2015 earthquake. The only school building sustained cracks and damages and is not safe to run classes in. Children are studying in temporary

shelters. It is difficult for the school to run classes so it approached HeNN for support. HeNN is helping the school construct two classrooms with a financial support of NRs. 12,00,000/- from Nepalese Community Nagoya (NCN), Japan. The project began after HeNN signed a MoU with the school on April 3, 2016.

Dudhpokhari Lower Secondary School

Dudhpokhari Lower Secondary School, located in Taamchet Dudh Pokhari-5 of Dolakha district, was established in 1966. The school runs up to class eight. Four out of nine classrooms were damaged in the 2015 earthquake affecting teaching and learning at the school.

Classes are being conducted in temporary shelters. It is difficult for the school to run classes so it approached HeNN for support. HeNN Sweden donated NRs. 895,488.21/- for the construction of two new classrooms and the project started after the school signed a MOU with HeNN on April 6, 2016.



Shree Bom Bahadur Ghalel Lower Secondary School

Shree Bom Bahadur Ghalel Lower Secondary School, located in Lwang Ghalel-5 of Kaski district, was established in 1968 as a primary school and was later upgraded to lower secondary level in 2009. The school did not have a traditional library. It reached out to



HeNN for support to set up a school library. HeNN handed over books and educational materials to the school and released the first installment of the financial support from HeNN UK after signing a MoU with the school.

Construction of Children's Hostel

Nepal Pestalozzi Foundation (NPF), an education charity, has been educating children from destitute families in Nepal for several years. NPF has been supporting children of Shree Ratna Primary school with school dress, stationery, lunch, two English teachers, and infrastructure. Currently, NPF is building a children's hostel for disadvantaged children. NPF approached HeNN for a financial contribution of NRs. 21 lakhs required for construction. HeNN agreed to provide NRs. 7 lakhs and the remaining amount was covered by PAHAR, another charity. HeNN signed a MOU with NPF and released the first installment.



Shree Annapurna Secondary School



Shree Annapurna Secondary School, located in Ghale Danda of Dhading district, was established in 1989. The school has 10 teachers and 150 students from class one to 10. Children suffered mental stress following the April 2015 earthquake and were afraid to study in their damaged classrooms. Cabal Nepal, a local NGO, approached HeNN for support. HeNN agreed to help the school build four classrooms with a financial support of NRs. 15 lakhs from Nepalese Community Nagoya (NCN), Japan. HeNN released the first installment after signing a MoU with the school.

HeNN elibrary

After successful establishment of e-libraries in various districts, Help Nepal Network started collaborating with Chase in 2014. The project funded by Chase is being implemented by HeNN. In 2014, HeNN deployed student volunteers from Tribhuvan University (TU) and Kathmandu University (KU) to these schools to establish e-libraries.

Cost:

Total NRs. 95,95,822/-

HeNN NRs. 95,94,712.15/-

Internal NRs. 1,109.85/-

Shree Higher Secondary School

Shree Higher Secondary School, in Rautahat district, was established in 1957. There are altogether 1469 students from class one to 12. The targeted classes are six to 12.

Shree Tulodaya Secondary School

Shree Tulodaya Secondary School, in Tilahar-3 of Parbat district, was established in 1959. There are altogether 246 students from class one to 10. The targeted classes are one to 10.

Shree Nepal Rastriya Sarbodaya Higher Secondary School

Shree Nepal Rastriya Sarbodaya Higher Secondary School, in Paundi Amarai-5 of Gulmi district, was established in 1965. There are altogether 395 students from class one to 12. The targeted classes are one to 12.

Shree Saraswati Higher Secondary School

Shree Saraswati Higher Secondary School, in Bangesaal-2 of Pyuthan district, was established in 1983. There are altogether 1042 students from class one to 12. The targeted classes are six to 12.

Shree Dasrath Higher Secondary School

Shree Dasrath Higher Secondary School, in Saadepaani-3 of Kailali district, was established in 1961. There are altogether 760 students from class one to 12. The targeted classes are six to 12.

Nepal Rastriya Higher Secondary School

Nepal Rastriya Higher Secondary School, in Dhanbang-1 of Salyan district, was established in 1961. There are altogether 701 students from kindergarten to class 12. The targeted classes are six to 12.

Shree Brahmarupa Higher Secondary School

Shree Brahmarupa Higher Secondary School, in Lekhnath-13 of Kaski district, was

established in 1962. There are altogether 671 students from class one to 12. The targeted classes are one to 12.

Shree Nauline Secondary School

Shree Nauline Secondary School, in Chunikhel-2 of Kathmandu district, was established in 1961. There are altogether 350 students from class one to 10. The targeted classes are one to 10.

Shree Buddha Secondary School

Shree Buddha Secondary School, in Chunikhel-2 of Kathmandu district, was established in 1961. There are altogether 211 students from class one to 10. The targeted classes are six to 10.

Shree Bhagwati Higher Secondary School

Shree Bhagwati Higher Secondary School, in Belbari-3 of Morang district, was established in 1965. There are altogether 1469 students from class one to 12. The targeted classes are six to 12.

Shree Changresthan Higher Secondary School

Shree Changresthan Higher Secondary School, in Kerung-1 of Solukhumbu district, was established in 1962. There are altogether 701 students from kindergarten to class 12. The targeted classes are kindergarten to class 12.

COMPLETED PROJECTS

Library construction at Shree Tribhuvaneshwori Higher Secondary School



Shree Tribhuvaneshwori Higher Secondary School, located in Chatara-5 of Bajura district, was established in 1960. The school has three buildings with 10 classrooms altogether. There are 17 teachers, and 571 students from class one to 12. The school had planned to build a well-equipped two-room library building. The school was able to construct the building with the financial support of NRs.

413,900/- from Help Nepal Network UK, and Sweden. Students, teachers as well as members of the local community have benefited from the new library.

Classrooms constructed at Shree Parbati Secondary School

Shree Parbati Secondary School, located in Chatara-8 of Bajura district, was established in 1977. Currently, the school has eight classrooms but the kindergarten classes are running in a small hut-like room. Classes four and five are running on an open ground due to lack of classrooms. There are 11 teachers, and 244 students from class one to 10. The school planned to construct additional classrooms for kindergarten and classes four and five. With the financial support of NRs. 6,00,000/- from HeNN UK, the school was able to construct two classrooms.



ICT Center at Naya Kiran Secondary School



Naya Kiran Secondary School, located in Bharatpur-11 of Chitwan district, was established in 1967. There are 23 teachers and a total of 584 students up to class 10. The school planned to establish an Information and Communications Technology (ICT) center with proper facilities. The school received a financial support of NRs. 5,00,000/- from HeNN UK and was able to establish an ICT

center.

Support to Shree Goraksha Ratna Nath Secondary School

Shree Goraksha Ratna Nath Secondary School, located in Ghorahi municipality of Dang district, was established in 1973 as a primary school and it was later upgraded to lower secondary and secondary school in 1997 and 2008 respectively. The school has 16 teachers and 726 students. The school planned to construct additional classrooms for students. The school was able to construct two classrooms with the financial support of NRs. 10,00,000/- from HeNN UK and local donations. Students, teachers as well as the community are benefitting from the new classrooms.



Construction of Tribhuwan Higher Secondary School

Tribhuwan Higher Secondary School, located in Argali-1 of Palpa district, was established in

1960 and was later upgraded to higher secondary level. The school has 725 students. Out of 23 teachers in the school, four are paid for by the community's financial sources. Existing infrastructure wasn't enough to accommodate the increasing number of students. The school built two new classrooms with the financial support of NRs. 10,00,000/- from HeNN UK. Students, teachers and the local community have all benefitted from this project.

Support to Victims of Cold

- **Saptari district:** On January 7, 2016, HeNN handed over 600 blankets to cold affected people of Lalapatti VDC, Saptari.

- **Dolakha district:** On January 18, 2016, 350 blankets were distributed to cold affected people in Tamchet VDC and Bhimeswore municipality of Dolakha district in coordination with the local youth club, Rajhiti Yuwa Club.

- **Dhading District:** 400 blankets were distributed in Jogimari, Benighat, Gajuri, Pida, Mahadevstahn and Kiranchowk VDCs of Dhading district on January 19, 2016.

Fire Victims

HeNN handed over 600 family packs which included household utensils, and 10 sacks of clothes to fire victims of Rampura and Malhaaniya VDC of Saptari district on April 21, 2015.



Flood Victims

Due to torrential rainfall, Saptari district was hit by massive floods. Thousands of families were forced to flee from their homes and their daily livelihoods were disrupted. They have been taking refuge under temporary shelters without basic necessities. HELP NEPAL Network sent relief materials to the affected VDCs in July 2016. The relief materials included 452 family packages with following items:

- Tarpaulin (18*12) - 1 pc
- Mosquito Net - 1 pc
- Ladies Dhoti - 1 pc
- Gents Dhoti - 1 pc
- Bed sheets - 2 pcs
- Cooking Utensils - 1 set; (further consisting of a flat-bottom aluminum pot, a round bottom stainless-steel pot, 5 glasses, 5 plates and a spatula)



LONG TERM PROJECTS

HELP NEPAL Health Post, Mugu

The HELP NEPAL Health Post in Murma, Mugu- one of the most remote districts in the country, was established in June 2004. Over the last 12 years, the health post has had a discernibly positive impact on the lives of not just the locals but also those of surrounding villages. Common ailments like pain, fever, gastrointestinal and seasonal diseases can now be treated locally. There has been a significant improvement in the quality of life and villagers don't have to walk two and a half hours to reach the government hospital in Gamgadhi anymore. Medicines at the health post typically cost half of what they cost at the pharmacies in Gamgadhi. The health post now provides services to more than 400 households.



HELP NEPAL Network Children's Home, Dhulikhel



The HELP NEPAL Network Children's Home, has been running smoothly since August 2014 with financial support from Oz Bayldon, founder of Music4Children, UK and Dr. Franz Schmid from Switzerland. The home provides basic needs like food, clothes, shelter, education and health checkups to the children. The children's home started with 10 girls who were then admitted to the nearby Panchakanya School. Currently, there

are seven part-time support staff and 12 girls studying in kindergarten to class six. In order to encourage saving habits, the home has opened child savings accounts with a monthly deposit of NRs. 25 for all the girls.

The girls can also deposit the money they earn during Dashain, Tihar, and other festivals. Children there celebrate different festivals like Chhath, Yomari Purnima, Dashain, Tihar, Christmas, New Year and Lhosar. The home also organizes extra-curricular activities such as a one-day trip to Shiva statue in Sanga, Bhaktapur, picnics and zoo visits.



SOCIAL MEDIA

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Please encourage your family and friends to like our page as well. This will help expand our reach to those who haven't yet heard of us or our work. We have more than 50 thousand likes already and we thank you all for your support. We hope to reach even more people in the future.

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Editor's comment: We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at admin@helpnepal.net.
Thank you. Bulletin Team, HELP NEPAL Network www.helpnepal.net