



Flood Relief Appeal

As floods ravage southern Nepal we need your help urgently. Please rise to the occasion and momentarily step out of your comfort zone to help the needy back home. No matter how busy we are and how tough our jobs, we have it much easier and comfortable than those who are wet, hungry and sick.

In addition to asking others to contribute, please make a donation yourself however small, because no matter how high your rents or mortgages or credit card bills are, you are not homeless. We say this to you not only to get a few extra dollars, but for you to feel some ownership to this appeal and act of good will. We never feel shy to ask for donations for a good cause. If we believe, others will too. If we act, others will support.

[Donate Online](#) ↘

Short term projects

Sri Rameshwor Higher Secondary School, Sankhuasabha

The purpose of this project was to assist the school to reconstruct one of its two-storied building with three rooms in the ground floor and three on the first floor that were in a dilapidated condition. The Principal of the school, Mr. Ram Chandra Poudyal stated that the financial contribution of \$3,538 made by HeNN proved to be historic to their school. HeNN's commitment towards supporting the school financially helped the school to secure additional funds of \$6,708 from different local and District officials of Sankhuasabha. The school managed to add three more rooms with this contribution than initially proposed to HeNN.



Sankhuasabha School

Light up Humla



HeNN's commitment to support the "Light Up Humla" project is now complete. A total amount of \$5,633 was handed to the project in two installments, first installment in March 2006 and the second in March 2007. Mr. Bhairav Risal, the project coordinator, informed that the project has successfully installed 100 solar lights in Humla.

The expected benefits of this project are:

- a. Less burning of local wood
- b. Less inhalation of smoke and hence fewer respiratory illness
- c. Children have a light source to do homework in the evenings

HIV/AIDS Project in Sarlahi

The HIV/AIDS project conducted in partnership with UNDP in Sarlahi District is gaining momentum. Help Nepal's health center in Haripurwa VDC of Sarlahi successfully identified 10 HIV positive patients and numerous patients with sexually transmitted infections (STI) who are undergoing counseling. Patients with HIV were taken to Kathmandu for Anti Retroviral Treatment. They were also referred to the national network for HIV positive patients in Janakpur.



HIV/AIDS street drama programme to build awareness

Gogandada School Building Project-Dolkha

The aim of this project was to construct 5 rooms for the school in Jafe VDC of Dolkha district to benefit 117 students studying up to class 5. This project was completed successfully in May 2007. HeNN's commitment of total \$4,286 was granted to the school in two phases, first installment of \$2,143 was handed in January 2007, and the second installment of \$2,143 was handed in May 2007.



Gogan Dada school in dilapidated condition



Gogandada School Building Project-Dolkha

Gwalinda Water Project

This village at the top of a hill in Godavari district required villagers to carry their daily ration of water uphill from a river at the base. The purpose of the Gwalinda water project was to support construction of water catchment chambers to enable local villagers to access water for drinking and other household purpose.

HeNN contributed \$1,428 towards this project. The village is now able to access water 24 hours a day for consumption, minor irrigation and household purpose.



Bathing area with fresh water supplied.



Gwalinda Water Project

Rautahat School

HeNN took prompt action to support a school in Rautahat, after news about the school running without its roof due to damages caused by a storm was published in Kantipur on 28th July 2006.

HeNN provided financial support of \$1,585 to build a new roof. The local community motivated by HeNN's support was able to raise more funds from the district office to build a new school. The school at present has extended to a new building that has four classrooms with coloured tin roofs.



Electronic-library projects



Electronic library in Dang

With the combined effort of HeNN and some technical volunteers of Pulchowk Engineering Campus in Nepal, the E-Library was successfully deployed in Adarsha School in Dang, in January 2007. HeNN contributed \$5,228 towards this project, which helped to equip the school with eight computers and several course books. According to a report received from one of the volunteers who visited the site a month ago, the project is doing very well. The students are enthusiastic about using the e-library and the school has included computer studies in its

curriculum for some grades. Both students and teachers actively use computers even in their leisure time.

Electronic library in Bhaktapur

Following the success of the E-Library project in Dang, a similar project was deployed in Sudal VDC, Bhaktapur on 14th April 2007. A total of six computers, a printer and a scanner were contributed to the school along with installations of some useful website caches and other educational matters which can be used by the stakeholders and the community to access specific information.



Long term projects

Help Nepal Health post, Mugu

The health post in Mugu has been providing symptomatic treatment alongside health education on preventive measures comprising of waste management and training volunteers from five different VDC's.

Funding from Everest Marathon Fund allowed HeNN to send an experienced staff nurse, Miss Bhasa Koirala to work in the health post in Mugu for duration of three months from April 2007. Since joining the health centre she initiated reproductive health services such as family planning, care during pregnancy and treatment for prolapsed uterus.

Activities such as community mobilization and outreach services, especially reproductive health services have increased the flow of patients in the health post. Miss Koirala emphasized that the management of the health post needs more attention, which is why we are investing further funds towards this project in the coming year. If you know anyone wishing to sponsor aspects of the work at the health post, please get in touch.



Staff nurse distributing stuffs to locals of Mugu



Staff nurse Bhasa with Mugu children

Shelter for Conflict Impacted Children - Dhulikhel

The construction of the Shelter for conflict impacted children (CIC), in Dhulikhel, Kavre District commenced on the 25th of March 2007, with financial support from Nepal Balbalika Trust (NBT). The ground floor of the building is now complete and the first floor is expected to be complete before November 2007. This shelter will house close to 50 children who have lost their parents during the conflict.



Construction Undergoing for CIC Shelter in Dhulikhel

Contact Us

We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at admin@helpnepal.net.

Thank you.

Bulletin team
Help Nepal Network
www.helpnepal.net