



Help Nepal Network Bulletin

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HELP NEPAL Network (HeNN) would like to wish all its members and supporters a very Happy New Year 2006!

We are very grateful for your continued support that has helped to build several schools, run health camps and support various other projects in the fields of health and education. HeNN has already completed over 40 projects related to health and education in different parts of Nepal and aspires to do more in the coming year.

Whilst HeNN continues to strive to reach out to its members through its Newsletters, we apologise for not being able to deliver on time.

Although our small team in Nepal work very hard to collate and share project information on a regular and timely basis, they are faced with many logistical challenges due to long hours of load shedding that have disrupted their day to day activities such as access to computer, email and internet during working hours.

HeNN received donation of \$28,000

HeNN has received a donation of US\$28,000 from seven Nepalese living in various countries. The donations will go to the special Fund which is established to support the charity's administrative expenses.

Unlike a majority of charities, the Network has a policy of not using charitable donations for administrative purposes. It has built a separate Administrative Fund to bear its overheads by collecting donations of at least US\$4,000 from generous Nepalese around the world.

Flora London Marathon 2009

Help Nepal Network would like to thank Joanne Godfrey for participating in the Flora London Marathon on 26th April 2009 to support HeNN's cause.

Joanne of Dresdner Kleinwort Investment Bank has previously participated in several marathons and raised funds for various charities. In her last attempt to run the 26.2 miles ordeal, she chose to donate funds raised to HeNN in order to contribute towards health and education in Nepal.

Forward

Know someone who might be interested, please forward this email?

Donate Online

Online Donations can be made through the following link:

IN the USA

UK and elsewhere

» Projects



"More than 3,500 people from Mugu, Jumla and Humla districts visited the camp for medical check-up."



Mugu Health Camp

Help Nepal Network (HeNN) in collaboration with Health Care Nepal organised a four day health camp at the Help Nepal Health Post in Mugu district in October 2008.

More than 3,500 people from Mugu, Jumla and Humla districts visited the camp for medical check-up.

A team of medical doctors led by Jack Starmer, chairman of Health Care Nepal—a US-based charity— checked patients and provided free medicines. Other members of the medical team included Dr. Fredrick Basilico, a cardiologist and Dr Judith Waligunda, MD, Internal Medicine, New England Baptist Hospital, Boston. Both of them are faculty members of Harvard Medical School. Dr. Subarna Mani Acharya, Senior Cardiologist from Health Care Nepal (Nepal) and Erica Nakajima, an MD student, also checked patients.

Arun Singh Basnet, president of HeNN Nepal, led a team of volunteers at the camp. Help Nepal staff and 30 local volunteers worked day and night to manage the four-day camp (Oct 17-20). Nepal Police personnel had also been deployed to manage the crowd.

HeNN thanked the medical team and local communities for their support to make the camp a success.

Furthermore, a three-day Training of Trainers (ToT) programme on Sanitation and Nutrition was also organised at the health post by Lata Ghimire, who is a health coordinator and an executive board member of HeNN Nepal. A total of 95 health workers took part in the ToT.

HeNN had constructed the Health Post in Murma village of Mugu to provide basic health services to people living in remote areas.



» Completed Projects



Children busy handling the computer

Sanskriti Sadan Higher Secondary School, Lamjung

An e-Library was established in Sanskriti Sadan Higher Secondary School, Lamjung in January 2009 with a total contribution of US\$ 2,700. The objective of this project was to empower the school and the local communities with the technical know how.



Health Post in Phalebas, Parbat

Parbat Health Post, Parbat

Dr. Pranab Gyawali, Chairman of HeNN UK handed over US\$4,420 worth of essential equipments to the Helping Hand Community Health Clinic in Phalebas, Parbat. A brief training on the use of auto analyser was also provided to the Lab assistant.



Inauguration of Training Centre, Kathmandu

LTSP Training Centre, Kathmandu

A total of US\$5,555 was contributed towards Linux Terminal Server Project Training Centre (LTSP) in Kathmandu, to organise training and support programme for volunteers who provide technical assistance to e-library projects. The training was conducted with the help of Free Open Source Software (FOSS Nepal) and Brihaspati Vidya Sadan School. The program was inaugurated by the Hon. Minister of Science and Technology Mr Ganesh Shah.



Jeevan Jyoti Lower Secondary School under construction

Jeevan Jyoti Lower Secondary school, Gorkha

HeNN contributed a total of US\$4,860 to Jeevan Jyoti Lower Secondary school in Gorkha for the construction of a new school building in order to replace the old one that was in a dilapidated condition and inaccessible to students. Funds were disbursed in two instalments and the school is committed to complete the construction soon.



Ganesh Secondary School, Baglung

HeNN contributed a total of US\$4,160 to Ganesh Secondary School in Baglung to construct a new roof. This project is being carried out in partnership with the local community to encourage community paHeNN received donation of \$24,000

» Fundraising



British 10k Run

British 10K London Run 2008 was a great success, thanks to your support and Sukunda Running Club's dedication and perseverance.

The total target of £2,500 raised last year allowed purchase and installation of much needed vital equipments such as auto analyzer, colorimeter and incubator, which has helped to offer a range of health tests locally at the Helping Hand Community Health Clinic in Phalebas, Parbat.

We have received lots of positive feedback from the local community and they appreciate the vast improvement in their local health clinic.

In order to continue support and improvement in their local health clinic, members of Sukunda Running Club will be taking part in the British London 10K Run for the second time.

Cruising to Support Nepalese Children in Need and the Victoria's Bushfire Appeal

HeNN-Australia cordially invites you for the fundraising programme in 2009. The fund raised through this programme will be used to build a library and e-library for a

school in the Sindhuli district in West Nepal as well as to Victoria's Bush fires appeal.

Your support will be gratefully acknowledged and we thank you for your participation and contribution to these projects.

Editor's comment: We hope you found this newsletter useful. If you wish to obtain further information please feel free to contact us at admin@helpnepal.net.

Thank you. Bulletin Team, Help Nepal Network www.helpnepal.net